Knowledge Mat- Sikhism

Beliefs and Moral Values

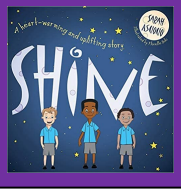
Sticky Knowledge

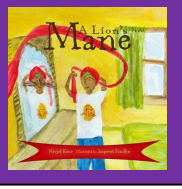
- Sikhs believe there is only one God that cannot be described as female or male. God should not be shown or worshipped as an image.
- The Khlalsa was created by the tenth guru, Guru Gobind Singh, in 1699. Members were then given the names Singh (for men) and Kaur (for women), there are five distinctive items that symbolise them as members of the Khalsa.
- The 5K's are a physical sign to yourself, others and the world that you are a devoted member of the Khalsa ("the pure"), they are: Kesh, Kara, Kanga, Kaccha and Kirpan.
- Guru Granth Sahib, also known as Adi Sahib, is the Sikh holy book containing scriptures, prayers and hymns. Written by six of the ten Gurus, the book contains 5867 shabads (the word), they are known as Gurbani (the word of the Gurus).
- Sikhs live a life seeking truth and justice by following the three golden rules: Kirat Karni, Vand Chakna and Naam Japna.
- The Gurdwara is a place of worship in the Sikh religion where they can go for spiritual learning, fellowship and equality, during this time everyone is seated on the floor while verses are recited from the Holy Scriptures.

Subject Specific Vocabulary

Sikhism	One of the world's main religions, first originating in the Punjab region of the Indian sub-continent in the late 15th century
Sikh	A person who follows the beliefs and practices of Sikhism. Considered a life-long learner, living by the three golden rules.
Kirat Karni	To lead a hard working and honest life, to avoid all negative or criminal actions .
Vand Chakna	The act of sharing one's fortune and belongings with others and the less fortunate, encouraging the belief of equality.
Guru	A spiritual teacher and religious expert.
Guru Nanak (Baba Nanak)	Guru Nanak is the founder of the Sikh religion, born on 15th April 1469.
Guru Granth Sahib	Holy scriptures of Sikhism.
Gurdwara ("Door to the guru")	A place of assembly and worship for Sikhs.

Recommended Reads





Crucial Connection

https://www.bbc.co.uk/religion/religions/sikhism/customs/fiveks.shtml

https://www.bbc.co.uk/bitesize/topics/zsjpyrd

https://www.bbc.co.uk/teach/class-clips-video/religious-studies-ks2-what-is-sikhism/zn4h382

