# Knowledge Mat – Dreams and Goals

| Subject Specific Vocabulary | |
|---|---|
| **ambition** | A strong desire to do or achieve something. |
| **obstacles** | Something that may prevent or hinder progress. |
| **enthusiastic** | Having or showing intense and eager enjoyment or interest. |
| **motivation** | A reason for acting or behaving in a particular way. |
| **achieve** | Successfully reach a desired result. |
| **success** | The accomplishment of an aim or purpose. |
| **overcome** | Success in dealing with a problem or difficulty. |
| **evaluate** | To judge the level or value of something. |
| **hinder** | Make it difficult for someone to do something or for something to happen. |
| **celebrate** | Acknowledge something significant. |










**Sticky Knowledge**

I know difficult challenges that people might face.

I know a dream/ambition that is important to me.

I know how to face new learning challenges.

I know the best ways to achieve success.

I know why it is important to be motivated and enthusiastic about a new challenge.

I can recognise obstacles that might hinder my success.

I know how to take steps to overcome obstacles.

I know how to evaluate my learning process and how it can be better next time.

**Crucial Connections**
https://www.bbc.co.uk/bitesize/topics/z2gg87h

**Aspirations**
Community champion, support worker.

**Important facts to know before the end of this PSHE topic.**

- Stay motivated when doing something challenging
- Keep trying even when it is difficult
- Positive attitude
- Help others to achieve their goals
- Work hard