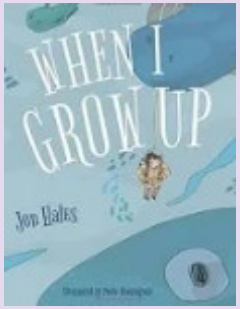
KS1-Knowledge Mat- PSHE- Dreams and Goals

Subject Specific Vocabulary	
Similarities	A similar feature or linking
Differences	people or things are not the same
Dreams	To have a dream for the future.
Goals	An aim for the future, a goal.
Challenge	To continually improve and challenge yourself
Barriers	An obstacle that prevents movement or access to overcome
Feelings	An emotional state or reaction.
Celebrate	The action of celebrating an important day or event.
Healthy	In a good physical or mental condition; in good health.
Special	Something belonging specifically to a person with a strong meaning
Unique	Being the only one of its kind; unlike anything else

Recommended Reads





Sticky Knowledge

- I can set simple goals
- I can set a goal and work out how to achieve it
- I understand and work well with a partner
- I can tackle a new challenge
- I can overcome my barriers
- I can discuss my feelings
- I can celebrate success

Crucial Connections
https://www.bbc.co.uk/cbbc/watch/what-do-you-want-to-be-when-you-grow-up

Aspirations

PSHE teacher
Support worker
Social worker
Mental health worker

Important facts to know by the end of this PSHE Topic:

- I know I am different from my friends

-I know these differences make me unique

-I know when I have succeeded and how to celebrate this

- I know my body is amazing and I can keep it safe and healthy

- I know the correct names of body parts