KS1 - PE

Dance - Knowledge Mat

Subject Specific Vocabulary	
Beat	To move different parts of the body in time to different speeds of music
Rhythm	A regular repeated pattern of movement in time to music
Mood/feeling	To use dance to express/show different emotions
Perform	To practise and develop dance skills in order to show an audience
Improvise	To create movement/dance to a piece of music without planning

At the end of this topic I will be able to:

Perform dances using simple movement patterns.

Crucial Connections

https://www.youtube.com/watch?v=PtwVfJqBfms

https://www.youtube.com/watch?v=Z2xv8_zQ0Us

Sticky Knowledge

I can perform my own dance moves.

I can copy or make up a short dance.

I can move safely in a space.

I can change the speed, level and/or direction in a dance

I can understand that a linking section may be needed in a dance

I can use dance to show a mood or feeling

I can understand the term improvise/ improvisation.

Famous Dance Crew - Diversity



Aspirations

Dancer

Dance teacher

Related Examples

Different styles of dance



Ballet dancers can retell stories through dance by acting and showing different moods/feelings to different styles of music.

