EYFS - PE

Games (FMS) - Knowledge Mat

Subject Specific Vocabulary	
Throw	Propel (something) with force through the air by a movement of the arm and hand.
Catch	To grab and hold a thrown ball/object before it hits the ground
Target	An area to aim towards with a range of objects by throwing and kicking etc
Team	Two or more people working together to achieve the expected outcome
Kick	Strike a ball forcibly with the foot.

At the end of this topic I will be able to:

Develop basic movements including running, throwing and catching and participate in simple games

Crucial Connections

https://www.youtube.com/watch?v=bGe5Bmii-eg

https://www.youtube.com/watch?v=i2NCYIBSU34

Sticky Knowledge

I can change speed or direction on a command

I can attempt to throw using different hands

I can catch a large ball

I can kick a large ball

I can kick a range of balls

I can take part in a simple game

I can throw an object towards a given target

I can attempt to catch a selection of objects

I can work together in a group/team during an activity



Throwing and catching a large ball

Aspirations

PE teacher

Olympian

Related Examples





Throwing towards a low target



Throwing towards a high target

