LKS2- Physical Education

OAA Knowledge Mat

Subject Specific Vocabulary

OAA	Stands for Outdoor Adventurous activities, which can be done individually or part of a team.
Navigate	To plan/move on, over or through a course using a map.
Route	A way to travel along a specified course from a starting position to a destination.
Map	A diagram of an area, which can include land, water and symbols etc
Symbols	A mark/picture/sign that represents or stands for something else
Orienteering	A sport that combines fitness and outdoor adventure with map reading and navigational skills individually and, in a team /group

Crucial Connections

https://www.youtube.com/watch?v=NCjNvdHzGc0

https://www.youtube.com/watch?v=glydDw_reEA

At the end of this topic I will be able to:

Take part in outdoor and adventurous activity challenges both individually and within a team.



Sticky Knowledge

I can follow a map in a familiar context

I can recognise basic symbols used for a particular map

I can use clues to follow a route

I can follow a route safely

I can attempt to identify an error when following a route.

I can define the term navigate

I can follow a more complex map in several familiar contexts

I can follow a route within a time limit

I can identify whether an error has been made when following a route.

I can Identify a solution to be able to recognise an unfamiliar symbol.

I can recognise a possible danger on a route

Outdoor Adventurous Activities examples

Kayaking



Abseiling



Aspirations

Forest Ranger

Outdoor adventure leader

International orienteering athlete

Related Examples

GB orienteering athletes

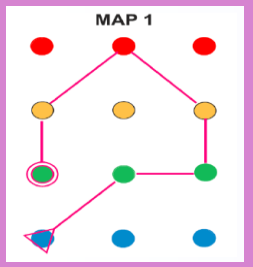


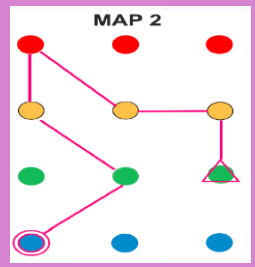
Jim Bailey



Pippa Carcas

Simple maps to follow, collecting clues





Typical map with symbols

